

16

400m Individual Medley Women Heat

Official

13NZR

13 Years New Zealand Short
Course Record

4:55.18 2017-10-06

Erika Fairweather
NEPOT

14NZR

14 Years New Zealand Short
Course Record

4:49.05 2014-09-05

Mya Rasmussen
KIWMW

NZR

Open New Zealand Short Course

4:32.48 2020-10-31

Helena Gasson











Show more

Entries



Heats

Summary



Total

Rank	Competitor	Age	Club	RT	PTS	Result
1	 McCarthy Georgina	22	 Hamilton Aq...	0.79		4:50.12 Entry: 4:37.52 (+12.60) Q
	25m: 14.04	50m: 31.11 (17.07)	75m: 48.61 (17.50)			
	100m: 1:06.86 (18.25)	125m: 1:25.56 (18.70)	150m: 1:43.82 (18.26)			
	175m: 2:02.16 (18.34)	200m: 2:19.83 (17.67)	225m: 2:39.82 (19.99)			
	250m: 2:59.93 (20.11)	275m: 3:20.01 (20.08)	300m: 3:40.61 (20.60)			
	325m: 3:58.43 (17.82)	350m: 4:15.81 (17.38)	375m: 4:33.16 (17.35)			
	400m: 4:50.12 (16.96)					
2	 Bates Olivia	16	 North Shor...	0.75		4:51.72 Entry: 4:56.99 (-5.27) Q
	25m: 14.32	50m: 31.64 (17.32)	75m: 49.55 (17.91)			
	100m: 1:07.95 (18.40)	125m: 1:27.60 (19.65)	150m: 1:46.36 (18.76)			
	175m: 2:05.05 (18.69)	200m: 2:23.29 (18.24)	225m: 2:43.93 (20.64)			
	250m: 3:04.80 (20.87)	275m: 3:25.19 (20.39)	300m: 3:46.12 (20.93)			
	325m: 4:03.38 (17.26)	350m: 4:19.78 (16.40)	375m: 4:36.20 (16.42)			
	400m: 4:51.72 (15.52)					
3	 Pratt-Smith Zyleika	20	 Coast Swi...	0.78		4:53.16 Entry: 4:48.51 (+4.65) Q
	25m: 13.70	50m: 30.45 (16.75)	75m: 47.80 (17.35)			
	100m: 1:05.99 (18.19)	125m: 1:25.91 (19.92)	150m: 1:44.49 (18.58)			
	175m: 2:03.08 (18.59)	200m: 2:21.47 (18.39)	225m: 2:41.40 (19.93)			
	250m: 3:01.65 (20.25)	275m: 3:22.03 (20.38)	300m: 3:42.92 (20.89)			
	325m: 4:00.80 (17.88)	350m: 4:18.53 (17.73)	375m: 4:36.04 (17.51)			
	400m: 4:53.16 (17.12)					
4	 Finer Emilia	19	 Neptune S...	0.67		4:54.91 Entry: 4:56.14 (-1.23) Q
	25m: 14.48	50m: 31.51 (17.03)	75m: 49.14 (17.63)			
	100m: 1:07.10 (17.96)	125m: 1:26.71 (19.61)	150m: 1:45.57 (18.86)			
	175m: 2:04.32 (18.75)	200m: 2:22.99 (18.67)	225m: 2:44.04 (21.05)			
	250m: 3:05.66 (21.62)	275m: 3:27.51 (21.85)	300m: 3:49.28 (21.77)			
	325m: 4:06.51 (17.23)	350m: 4:23.06 (16.55)	375m: 4:39.52 (16.46)			
	400m: 4:54.91 (15.39)					
5	 De Coster Nina	16	 St Paul's S...	0.70		4:55.24 Entry: 4:56.96 (-1.72) Q
	25m: 14.20	50m: 30.92 (16.72)	75m: 48.13 (17.21)			
	100m: 1:05.86 (17.73)	125m: 1:26.17 (20.31)	150m: 1:45.51 (19.34)			
	175m: 2:04.44 (18.93)	200m: 2:23.09 (18.65)	225m: 2:44.65 (21.56)			
	250m: 3:06.05 (21.40)	275m: 3:28.28 (22.23)	300m: 3:50.64 (22.36)			

325m: 4:07.53 (16.89) 350m: 4:23.47 (15.94) 375m: 4:39.60 (16.13)
400m: 4:55.24 (15.64)

6  **Asiata Danielle** 17  **Howick Pak...** 0.68 **4:56.44** Q
Entry: 4:51.09 (+5.35)

25m: 14.12	50m: 30.88 (16.76)	75m: 48.29 (17.41)
100m: 1:06.24 (17.95)	125m: 1:24.91 (18.67)	150m: 1:42.78 (17.87)
175m: 2:01.22 (18.44)	200m: 2:19.67 (18.45)	225m: 2:41.62 (21.95)
250m: 3:03.20 (21.58)	275m: 3:25.11 (21.91)	300m: 3:47.09 (21.98)
325m: 4:04.83 (17.74)	350m: 4:21.94 (17.11)	375m: 4:39.55 (17.61)
400m: 4:56.44 (16.89)		

7  **Apps (V) Jemma** 17  **Australia** 0.76 **4:57.10** Q
Entry: 4:59.93 (-2.83)

25m: 14.31	50m: 30.85 (16.54)	75m: 48.03 (17.18)
100m: 1:05.72 (17.69)	125m: 1:25.40 (19.68)	150m: 1:44.48 (19.08)
175m: 2:03.10 (18.62)	200m: 2:21.73 (18.63)	225m: 2:44.61 (22.88)
250m: 3:06.87 (22.26)	275m: 3:29.15 (22.28)	300m: 3:51.84 (22.69)
325m: 4:09.28 (17.44)	350m: 4:25.59 (16.31)	375m: 4:41.70 (16.11)
400m: 4:57.10 (15.40)		

8  **Abdou Hanna** 17  **Wharenui S...** 0.79 **4:57.50** Q
Entry: 4:52.52 (+4.98)


25m: 14.33	50m: 31.67 (17.34)	75m: 49.81 (18.14)
100m: 1:09.06 (19.25)	125m: 1:28.10 (19.04)	150m: 1:46.17 (18.07)
175m: 2:04.53 (18.36)	200m: 2:22.45 (17.92)	225m: 2:44.48 (22.03)
250m: 3:06.72 (22.24)	275m: 3:29.43 (22.71)	300m: 3:52.50 (23.07)
325m: 4:09.62 (17.12)	350m: 4:26.11 (16.49)	375m: 4:42.55 (16.44)
400m: 4:57.50 (14.95)		

9  **Quayle Bridie** 16  **Wharenui S...** 0.79 **4:58.36** Q
Entry: 5:00.83 (-2.47)

25m: 14.40	50m: 31.73 (17.33)	75m: 49.86 (18.13)
100m: 1:08.28 (18.42)	125m: 1:27.18 (18.90)	150m: 1:46.36 (19.18)
175m: 2:05.49 (19.13)	200m: 2:24.57 (19.08)	225m: 2:45.67 (21.10)
250m: 3:07.01 (21.34)	275m: 3:28.65 (21.64)	300m: 3:50.33 (21.68)
325m: 4:07.68 (17.35)	350m: 4:24.62 (16.94)	375m: 4:41.74 (17.12)
400m: 4:58.36 (16.62)		

10  **Campion Alex** 18  **United Swi...** 0.73 **4:59.62** Q
Entry: 4:59.08 (+0.54)

25m: 14.10	50m: 30.64 (16.54)	75m: 47.76 (17.12)
100m: 1:05.79 (18.03)	125m: 1:24.38 (18.59)	150m: 1:42.93 (18.55)
175m: 2:01.80 (18.87)	200m: 2:20.92 (19.12)	225m: 2:42.99 (22.07)
250m: 3:04.71 (21.72)	275m: 3:26.36 (21.65)	300m: 3:49.01 (22.65)
325m: 4:06.94 (17.93)	350m: 4:24.52 (17.58)	375m: 4:42.08 (17.56)
400m: 4:59.62 (17.54)		



11  **Riley Ariella** 16  **Hamilton Aq...** 0.77 **5:01.66** Q
Entry: 4:57.85 (+3.81)

25m: 14.02	50m: 31.07 (17.05)	75m: 48.79 (17.72)
100m: 1:06.91 (18.12)	125m: 1:25.74 (18.83)	150m: 1:43.41 (17.67)
175m: 2:01.54 (18.13)	200m: 2:19.56 (18.02)	225m: 2:42.41 (22.85)
250m: 3:05.28 (22.87)	275m: 3:28.43 (23.15)	300m: 3:51.53 (23.10)
325m: 4:09.52 (17.99)	350m: 4:26.95 (17.43)	375m: 4:44.74 (17.79)
400m: 5:01.66 (16.92)		



12  **Hingston Freya** 17  **United Swi...** 0.90 **5:03.20** Q
Entry: 5:02.05 (+1.15)

25m: 14.00	50m: 30.64 (16.64)	75m: 48.28 (17.64)
100m: 1:06.61 (18.33)	125m: 1:26.13 (19.52)	150m: 1:45.31 (19.18)
175m: 2:05.37 (20.06)	200m: 2:25.28 (19.91)	225m: 2:47.08 (21.80)
250m: 3:09.07 (21.99)	275m: 3:30.65 (21.58)	300m: 3:52.97 (22.32)



325m: 4:10.56 (17.59) 350m: 4:27.87 (17.31) 375m: 4:45.87 (18.00)
400m: 5:03.20 (17.33)

13  **van Veldhuizen Breeze** 16  **Heretaunga...** 0.76 **5:03.69**
Entry: 5:05.63 (-1.94) Q

25m: 14.04 50m: 31.30 (17.26) 75m: 49.70 (18.40)
100m: 1:08.79 (19.09) 125m: 1:28.15 (19.36) 150m: 1:46.90 (18.75)
175m: 2:05.39 (18.49) 200m: 2:24.09 (18.70) 225m: 2:46.75 (22.66)
250m: 3:09.50 (22.75) 275m: 3:32.16 (22.66) 300m: 3:55.36 (23.20)
325m: 4:13.49 (18.13) 350m: 4:30.73 (17.24) 375m: 4:47.70 (16.97)
400m: 5:03.69 (15.99)

14  **Skidmore Evie** 17  **Trojans Swi...** 0.83 **5:04.12**
Entry: 5:13.32 (-9.20) Q



25m: 14.42 50m: 32.21 (17.79) 75m: 50.16 (17.95)
100m: 1:08.65 (18.49) 125m: 1:28.14 (19.49) 150m: 1:47.23 (19.09)
175m: 2:06.69 (19.46) 200m: 2:25.99 (19.30) 225m: 2:47.63 (21.64)
250m: 3:09.68 (22.05) 275m: 3:31.71 (22.03) 300m: 3:54.09 (22.38)
325m: 4:12.29 (18.20) 350m: 4:30.09 (17.80) 375m: 4:47.84 (17.75)
400m: 5:04.12 (16.28)

15  **Hurley Kate** 16  **Pirates Swi...** 0.79 **5:04.22**
Entry: 5:03.02 (+1.20) Q



25m: 14.88 50m: 32.92 (18.04) 75m: 51.67 (18.75)
100m: 1:10.69 (19.02) 125m: 1:30.87 (20.18) 150m: 1:50.39 (19.52)
175m: 2:09.89 (19.50) 200m: 2:30.03 (20.14) 225m: 2:51.56 (21.53)
250m: 3:13.16 (21.60) 275m: 3:34.87 (21.71) 300m: 3:56.54 (21.67)
325m: 4:14.58 (18.04) 350m: 4:31.82 (17.24) 375m: 4:48.63 (16.81)
400m: 5:04.22 (15.59)

16  **Fisher Jaimee** 26  **Enterprise ...** 0.78 **5:06.27**
Entry: 5:05.95 (+0.32) Q



25m: 15.11 50m: 32.48 (17.37) 75m: 50.75 (18.27)
100m: 1:09.55 (18.80) 125m: 1:29.62 (20.07) 150m: 1:48.92 (19.30)
175m: 2:08.48 (19.56) 200m: 2:27.85 (19.37) 225m: 2:49.69 (21.84)
250m: 3:11.86 (22.17) 275m: 3:34.09 (22.23) 300m: 3:56.89 (22.80)
325m: 4:14.76 (17.87) 350m: 4:31.97 (17.21) 375m: 4:49.51 (17.54)
400m: 5:06.27 (16.76)

17  **Shi Lisa** 15  **Howick Pak...** 0.68 **5:06.93**
Entry: 5:18.65 (-11.72) Q

25m: 14.96 50m: 33.27 (18.31) 75m: 52.10 (18.83)
100m: 1:11.19 (19.09) 125m: 1:31.24 (20.05) 150m: 1:50.37 (19.13)
175m: 2:09.65 (19.28) 200m: 2:28.82 (19.17) 225m: 2:49.60 (20.78)
250m: 3:10.63 (21.03) 275m: 3:32.22 (21.59) 300m: 3:54.61 (22.39)
325m: 4:13.68 (19.07) 350m: 4:31.80 (18.12) 375m: 4:50.09 (18.29)
400m: 5:06.93 (16.84)

18  **McIntosh Alex** 15  **United Swi...** 0.69 **5:07.48**
Entry: 5:10.04 (-2.56) Q

25m: 14.48 50m: 32.56 (18.08) 75m: 51.46 (18.90)
100m: 1:11.58 (20.12) 125m: 1:32.39 (20.81) 150m: 1:52.22 (19.83)
175m: 2:12.08 (19.86) 200m: 2:31.89 (19.81) 225m: 2:53.05 (21.16)
250m: 3:14.36 (21.31) 275m: 3:35.67 (21.31) 300m: 3:57.39 (21.72)
325m: 4:16.35 (18.96) 350m: 4:34.01 (17.66) 375m: 4:51.22 (17.21)
400m: 5:07.48 (16.26)


19  **Carter Violet** 14  **Ice Breaker...** 0.76 **5:07.78**
Entry: 5:12.49 (-4.71) Q

25m: 14.63 50m: 32.32 (17.69) 75m: 51.44 (19.12)
100m: 1:11.26 (19.82) 125m: 1:31.37 (20.11) 150m: 1:50.73 (19.36)
175m: 2:10.38 (19.65) 200m: 2:29.66 (19.28) 225m: 2:50.87 (21.21)
250m: 3:12.79 (21.92) 275m: 3:34.69 (21.90) 300m: 3:56.92 (22.23)

325m: 4:15.72 (18.80) 350m: 4:33.39 (17.67) 375m: 4:51.27 (17.88)
400m: 5:07.78 (16.51)

20  **Wang Hope** **13**  **Phoenix Aq...** 0.79 **5:07.96**
Entry: 5:10.02 (-2.06) **Q**

25m: 15.11	50m: 33.59 (18.48)	75m: 53.22 (19.63)
100m: 1:12.40 (19.18)	125m: 1:32.09 (19.69)	150m: 1:51.22 (19.13)
175m: 2:10.58 (19.36)	200m: 2:29.49 (18.91)	225m: 2:51.04 (21.55)
250m: 3:13.02 (21.98)	275m: 3:35.22 (22.20)	300m: 3:57.28 (22.06)
325m: 4:15.70 (18.42)	350m: 4:33.57 (17.87)	375m: 4:51.35 (17.78)
400m: 5:07.96 (16.61)		

21  **Lovell Nicola** **15**  **Blenheim S...** 0.77 **5:08.18**
Entry: 5:12.42 (-4.24) **Q**



25m: 14.91	50m: 33.34 (18.43)	75m: 52.60 (19.26)
100m: 1:12.73 (20.13)	125m: 1:33.03 (20.30)	150m: 1:52.76 (19.73)
175m: 2:12.57 (19.81)	200m: 2:32.05 (19.48)	225m: 2:53.76 (21.71)
250m: 3:15.69 (21.93)	275m: 3:37.51 (21.82)	300m: 3:59.45 (21.94)
325m: 4:17.73 (18.28)	350m: 4:35.24 (17.51)	375m: 4:52.65 (17.41)
400m: 5:08.18 (15.53)		

22  **Lyles Jasmine** **17**  **Phoenix Aq...** 0.69 **5:09.17**
Entry: 5:09.02 (+0.15) **Q**


25m: 14.21	50m: 31.21 (17.00)	75m: 49.35 (18.14)
100m: 1:08.30 (18.95)	125m: 1:29.33 (21.03)	150m: 1:49.96 (20.63)
175m: 2:10.43 (20.47)	200m: 2:30.47 (20.04)	225m: 2:50.78 (20.31)
250m: 3:11.84 (21.06)	275m: 3:33.25 (21.41)	300m: 3:55.02 (21.77)
325m: 4:14.03 (19.01)	350m: 4:32.52 (18.49)	375m: 4:51.40 (18.88)
400m: 5:09.17 (17.77)		

23  **Buissinne Kezia** **16**  **North Shor...** 0.74 **5:09.97**
Entry: 5:10.64 (-0.67) **Q**



25m: 14.42	50m: 32.11 (17.69)	75m: 50.51 (18.40)
100m: 1:10.12 (19.61)	125m: 1:30.52 (20.40)	150m: 1:50.20 (19.68)
175m: 2:10.08 (19.88)	200m: 2:29.49 (19.41)	225m: 2:51.92 (22.43)
250m: 3:14.54 (22.62)	275m: 3:37.14 (22.60)	300m: 4:00.15 (23.01)
325m: 4:18.25 (18.10)	350m: 4:35.63 (17.38)	375m: 4:53.20 (17.57)
400m: 5:09.97 (16.77)		

24  **Uys Heidi** **18**  **Swim Timaru** 0.75 **5:11.96**
Entry: 5:06.88 (+5.08) **Q**

25m: 15.12	50m: 33.24 (18.12)	75m: 52.20 (18.96)
100m: 1:12.02 (19.82)	125m: 1:32.53 (20.51)	150m: 1:52.25 (19.72)
175m: 2:11.96 (19.71)	200m: 2:31.43 (19.47)	225m: 2:52.88 (21.45)
250m: 3:14.78 (21.90)	275m: 3:36.34 (21.56)	300m: 3:58.48 (22.14)
325m: 4:17.16 (18.68)	350m: 4:35.69 (18.53)	375m: 4:54.29 (18.60)
400m: 5:11.96 (17.67)		

25  **Buissinne Alexis** **16**  **North Shor...** 0.75 **5:12.86**
Entry: 5:10.61 (+2.25) **Q**

25m: 14.33	50m: 31.92 (17.59)	75m: 50.23 (18.31)
100m: 1:09.34 (19.11)	125m: 1:29.43 (20.09)	150m: 1:49.13 (19.70)
175m: 2:08.45 (19.32)	200m: 2:28.17 (19.72)	225m: 2:51.00 (22.83)
250m: 3:14.09 (23.09)	275m: 3:37.19 (23.10)	300m: 4:00.71 (23.52)
325m: 4:19.19 (18.48)	350m: 4:37.24 (18.05)	375m: 4:55.51 (18.27)
400m: 5:12.86 (17.35)		

26  **Carter Scout** **16**  **Ice Breaker...** 0.76 **5:13.32**
Entry: 5:08.76 (+4.56) **Q**

25m: 15.17	50m: 32.97 (17.80)	75m: 51.91 (18.94)
100m: 1:11.21 (19.30)	125m: 1:32.67 (21.46)	150m: 1:53.16 (20.49)
175m: 2:13.70 (20.54)	200m: 2:33.59 (19.89)	225m: 2:55.13 (21.54)
250m: 3:17.00 (21.87)	275m: 3:38.93 (21.93)	300m: 4:01.26 (22.33)

325m: 4:20.11 (18.85) 350m: 4:37.88 (17.77) 375m: 4:56.24 (18.36)
400m: 5:13.32 (17.08)

27  **Sasamoto Rio** **16**  **Enterprise ...** 0.75 **5:13.87**
Entry: 5:17.08 (-3.21) **Q**



25m: 15.27	50m: 32.95 (17.68)	75m: 51.06 (18.11)
100m: 1:09.86 (18.80)	125m: 1:29.87 (20.01)	150m: 1:49.13 (19.26)
175m: 2:08.55 (19.42)	200m: 2:28.37 (19.82)	225m: 2:51.67 (23.30)
250m: 3:14.98 (23.31)	275m: 3:38.20 (23.22)	300m: 4:01.91 (23.71)
325m: 4:20.22 (18.31)	350m: 4:38.10 (17.88)	375m: 4:56.27 (18.17)
400m: 5:13.87 (17.60)		

28  **Fourie Madison** **17**  **North Shore...** 0.79 **5:16.14**
Entry: 5:15.66 (+0.48) **Q**

25m: 15.51	50m: 33.52 (18.01)	75m: 52.05 (18.53)
100m: 1:11.31 (19.26)	125m: 1:31.96 (20.65)	150m: 1:52.10 (20.14)
175m: 2:12.31 (20.21)	200m: 2:32.08 (19.77)	225m: 2:54.94 (22.86)
250m: 3:17.38 (22.44)	275m: 3:40.05 (22.67)	300m: 4:02.84 (22.79)
325m: 4:22.00 (19.16)	350m: 4:40.35 (18.35)	375m: 4:58.70 (18.35)
400m: 5:16.14 (17.44)		

29  **Kim Lani** **13**  **North Shore...** 0.69 **5:16.55**
Entry: 5:18.12 (-1.57) **Q**



25m: 14.98	50m: 33.36 (18.38)	75m: 52.18 (18.82)
100m: 1:12.28 (20.10)	125m: 1:32.79 (20.51)	150m: 1:53.20 (20.41)
175m: 2:13.86 (20.66)	200m: 2:34.09 (20.23)	225m: 2:56.28 (22.19)
250m: 3:19.42 (23.14)	275m: 3:42.04 (22.62)	300m: 4:05.28 (23.24)
325m: 4:23.69 (18.41)	350m: 4:41.57 (17.88)	375m: 4:58.93 (17.36)
400m: 5:16.55 (17.62)		

30  **Riley Indiana** **16**  **Hamilton Aq...** 0.75 **5:17.39**
Entry: 5:23.73 (-6.34) **Q**

25m: 15.29	50m: 33.65 (18.36)	75m: 52.70 (19.05)
100m: 1:12.50 (19.80)	125m: 1:33.53 (21.03)	150m: 1:53.26 (19.73)
175m: 2:13.64 (20.38)	200m: 2:33.13 (19.49)	225m: 2:57.81 (24.68)
250m: 3:22.04 (24.23)	275m: 3:45.78 (23.74)	300m: 4:09.72 (23.94)
325m: 4:27.58 (17.86)	350m: 4:44.60 (17.02)	375m: 5:01.54 (16.94)
400m: 5:17.39 (15.85)		

31  **Jury Mackenzie** **13**  **Liz van Wel...** 0.69 **5:18.01**
Entry: 5:28.59 (-10.58) **R1**

25m: 15.49	50m: 33.63 (18.14)	75m: 52.68 (19.05)
100m: 1:13.07 (20.39)	125m: 1:34.79 (21.72)	150m: 1:55.66 (20.87)
175m: 2:16.69 (21.03)	200m: 2:37.72 (21.03)	225m: 2:59.92 (22.20)
250m: 3:22.50 (22.58)	275m: 3:45.03 (22.53)	300m: 4:07.95 (22.92)
325m: 4:25.95 (18.00)	350m: 4:43.56 (17.61)	375m: 5:01.01 (17.45)
400m: 5:18.01 (17.00)		

32  **Molnar Sophia** **17**  **Wharenui S...** 0.79 **5:18.10**
Entry: 5:15.92 (+2.18) **R2**

25m: 14.19	50m: 31.20 (17.01)	75m: 48.80 (17.60)
100m: 1:07.33 (18.53)	125m: 1:27.28 (19.95)	150m: 1:47.35 (20.07)
175m: 2:07.53 (20.18)	200m: 2:28.16 (20.63)	225m: 2:51.69 (23.53)
250m: 3:15.48 (23.79)	275m: 3:39.10 (23.62)	300m: 4:03.53 (24.43)
325m: 4:22.68 (19.15)	350m: 4:41.54 (18.86)	375m: 4:59.88 (18.34)
400m: 5:18.10 (18.22)		

33  **Grenfell Annabel** **16**  **Nelson Sou...** 0.75 **5:18.22**
Entry: 5:15.41 (+2.81)

25m: 15.02	50m: 33.43 (18.41)	75m: 51.79 (18.36)
100m: 1:11.00 (19.21)	125m: 1:31.28 (20.28)	150m: 1:50.21 (18.93)
175m: 2:09.15 (18.94)	200m: 2:27.74 (18.59)	225m: 2:52.14 (24.40)
250m: 3:16.00 (23.86)	275m: 3:39.60 (23.60)	300m: 4:03.71 (24.11)


325m: 4:22.81 (19.10) 350m: 4:41.24 (18.43) 375m: 4:59.94 (18.70)
400m: 5:18.22 (18.28)


34  Skidmore Millie

14  Trojans Swi... 0.71

5:18.38
Entry: 5:22.51 (-4.13)

25m: 14.91	50m: 33.22 (18.31)	75m: 52.38 (19.16)
100m: 1:12.65 (20.27)	125m: 1:32.49 (19.84)	150m: 1:51.72 (19.23)
175m: 2:11.49 (19.77)	200m: 2:30.96 (19.47)	225m: 2:53.60 (22.64)
250m: 3:16.79 (23.19)	275m: 3:40.28 (23.49)	300m: 4:04.52 (24.24)
325m: 4:23.34 (18.82)	350m: 4:41.90 (18.56)	375m: 5:00.86 (18.96)
400m: 5:18.38 (17.52)		

35  Kennard Shyla

15  Aquabladz ... 0.77

5:18.85
Entry: 5:25.89 (-7.04)

25m: 15.18	50m: 33.45 (18.27)	75m: 52.77 (19.32)
100m: 1:12.63 (19.86)	125m: 1:33.19 (20.56)	150m: 1:52.84 (19.65)
175m: 2:12.66 (19.82)	200m: 2:31.94 (19.28)	225m: 2:55.24 (23.30)
250m: 3:18.44 (23.20)	275m: 3:41.45 (23.01)	300m: 4:04.92 (23.47)
325m: 4:24.58 (19.66)	350m: 4:42.96 (18.38)	375m: 5:01.59 (18.63)
400m: 5:18.85 (17.26)		

36  Delunel (V) Clara

15  New Caled... 0.70

5:20.66
Entry: 5:25.45 (-4.79)

25m: 14.88	50m: 33.89 (19.01)	75m: 54.04 (20.15)
100m: 1:14.44 (20.40)	125m: 1:35.33 (20.89)	150m: 1:55.32 (19.99)
175m: 2:15.56 (20.24)	200m: 2:35.69 (20.13)	225m: 2:58.62 (22.93)
250m: 3:22.08 (23.46)	275m: 3:45.45 (23.37)	300m: 4:08.67 (23.22)
325m: 4:27.32 (18.65)	350m: 4:45.17 (17.85)	375m: 5:03.46 (18.29)
400m: 5:20.66 (17.20)		

37  Baars Ashlee

16  Vikings Swi... 0.70

5:21.13
Entry: 5:15.03 (+6.10)

25m: 15.17	50m: 32.70 (17.53)	75m: 51.56 (18.86)
100m: 1:11.29 (19.73)	125m: 1:31.94 (20.65)	150m: 1:51.71 (19.77)
175m: 2:11.43 (19.72)	200m: 2:30.82 (19.39)	225m: 2:53.88 (23.06)
250m: 3:17.84 (23.96)	275m: 3:41.21 (23.37)	300m: 4:05.43 (24.22)
325m: 4:25.04 (19.61)	350m: 4:44.16 (19.12)	375m: 5:02.90 (18.74)
400m: 5:21.13 (18.23)		

38  Vivian Olivia

13  Wharenui S... 0.75

5:21.42
Entry: 5:28.44 (-7.02)

25m: 15.08	50m: 34.04 (18.96)	75m: 54.22 (20.18)
100m: 1:15.18 (20.96)	125m: 1:36.46 (21.28)	150m: 1:57.06 (20.60)
175m: 2:18.04 (20.98)	200m: 2:38.94 (20.90)	225m: 3:00.50 (21.56)
250m: 3:23.03 (22.53)	275m: 3:45.67 (22.64)	300m: 4:08.65 (22.98)
325m: 4:27.47 (18.82)	350m: 4:46.17 (18.70)	375m: 5:04.44 (18.27)
400m: 5:21.42 (16.98)		


39  Nettle Phoebe

14  Trojans Swi... 0.72

5:23.12
Entry: 5:32.99 (-9.87)

25m: 15.10	50m: 33.58 (18.48)	75m: 52.44 (18.86)
100m: 1:11.81 (19.37)	125m: 1:33.16 (21.35)	150m: 1:53.78 (20.62)
175m: 2:14.10 (20.32)	200m: 2:34.28 (20.18)	225m: 2:57.52 (23.24)
250m: 3:21.53 (24.01)	275m: 3:45.52 (23.99)	300m: 4:10.18 (24.66)
325m: 4:29.01 (18.83)	350m: 4:47.17 (18.16)	375m: 5:05.49 (18.32)
400m: 5:23.12 (17.63)		


40  Hanley Ella

15  Tawa Swim... 0.70

5:24.90
Entry: 5:28.26 (-3.36)

25m: 15.21	50m: 33.93 (18.72)	75m: 54.01 (20.08)
100m: 1:15.41 (21.40)	125m: 1:36.30 (20.89)	150m: 1:56.27 (19.97)
175m: 2:16.34 (20.07)	200m: 2:36.50 (20.16)	225m: 2:58.95 (22.45)
250m: 3:22.44 (23.49)	275m: 3:45.76 (23.32)	300m: 4:09.23 (23.47)


325m: 4:29.19 (19.96) 350m: 4:48.63 (19.44) 375m: 5:07.36 (18.73)
400m: 5:24.90 (17.54)


41  MacDowall Layla

16  Vikings Swi... 0.77

5:25.55
Entry: 5:21.86 (+3.69)

25m: 14.95	50m: 32.70 (17.75)	75m: 50.99 (18.29)
100m: 1:10.40 (19.41)	125m: 1:32.06 (21.66)	150m: 1:52.20 (20.14)
175m: 2:12.84 (20.64)	200m: 2:32.59 (19.75)	225m: 2:55.86 (23.27)
250m: 3:20.37 (24.51)	275m: 3:44.49 (24.12)	300m: 4:09.39 (24.90)
325m: 4:29.52 (20.13)	350m: 4:48.49 (18.97)	375m: 5:07.50 (19.01)
400m: 5:25.55 (18.05)		

42  Johnson Olivia

14  Murihiku S... 0.86

5:26.08
Entry: 5:33.92 (-7.84)


25m: 16.26	50m: 35.46 (19.20)	75m: 55.11 (19.65)
100m: 1:15.42 (20.31)	125m: 1:36.88 (21.46)	150m: 1:56.45 (19.57)
175m: 2:16.34 (19.89)	200m: 2:36.27 (19.93)	225m: 3:00.01 (23.74)
250m: 3:23.40 (23.39)	275m: 3:47.07 (23.67)	300m: 4:10.58 (23.51)
325m: 4:30.30 (19.72)	350m: 4:48.68 (18.38)	375m: 5:07.71 (19.03)
400m: 5:26.08 (18.37)		

43  Fletcher Emma

16  St Paul's S... 0.77

5:29.83
Entry: 5:26.10 (+3.73)

25m: 15.29	50m: 34.50 (19.21)	75m: 53.74 (19.24)
100m: 1:13.98 (20.24)	125m: 1:34.66 (20.68)	150m: 1:55.08 (20.42)
175m: 2:15.12 (20.04)	200m: 2:35.30 (20.18)	225m: 2:59.47 (24.17)
250m: 3:23.70 (24.23)	275m: 3:48.10 (24.40)	300m: 4:12.58 (24.48)
325m: 4:32.26 (19.68)	350m: 4:51.20 (18.94)	375m: 5:10.56 (19.36)
400m: 5:29.83 (19.27)		

44  Marlow Madison

15  Hamilton Aq... 0.74

5:30.32
Entry: 5:23.11 (+7.21)

25m: 15.02	50m: 33.05 (18.03)	75m: 51.27 (18.22)
100m: 1:10.74 (19.47)	125m: 1:32.59 (21.85)	150m: 1:53.92 (21.33)
175m: 2:14.87 (20.95)	200m: 2:36.60 (21.73)	225m: 3:00.49 (23.89)
250m: 3:24.74 (24.25)	275m: 3:49.28 (24.54)	300m: 4:14.62 (25.34)
325m: 4:33.70 (19.08)	350m: 4:52.86 (19.16)	375m: 5:12.18 (19.32)
400m: 5:30.32 (18.14)		


45  Neems Sophia

14  Howick Pak... 0.79

5:31.67
Entry: 5:35.30 (-3.63)

25m: 15.28	50m: 33.88 (18.60)	75m: 53.41 (19.53)
100m: 1:14.44 (21.03)	125m: 1:38.29 (23.85)	150m: 2:00.34 (22.05)
175m: 2:22.52 (22.18)	200m: 2:44.12 (21.60)	225m: 3:07.37 (23.25)
250m: 3:31.16 (23.79)	275m: 3:54.40 (23.24)	300m: 4:17.96 (23.56)
325m: 4:37.53 (19.57)	350m: 4:56.05 (18.52)	375m: 5:15.10 (19.05)
400m: 5:31.67 (16.57)		


46  Gibbs Meghan

14  Tawa Swim... 0.76

5:31.75
Entry: 5:37.35 (-5.60)

25m: 15.54	50m: 34.76 (19.22)	75m: 55.44 (20.68)
100m: 1:17.32 (21.88)	125m: 1:39.62 (22.30)	150m: 2:00.67 (21.05)
175m: 2:21.19 (20.52)	200m: 2:42.16 (20.97)	225m: 3:07.22 (25.06)
250m: 3:31.48 (24.26)	275m: 3:56.05 (24.57)	300m: 4:20.43 (24.38)
325m: 4:39.19 (18.76)	350m: 4:57.51 (18.32)	375m: 5:15.94 (18.43)
400m: 5:31.75 (15.81)		

47  Searle Amelia-Rose

13  North Shor... 0.74

5:33.05
Entry: 5:53.14 (-20.09)

25m: 15.06	50m: 33.11 (18.05)	75m: 52.71 (19.60)
100m: 1:12.92 (20.21)	125m: 1:34.35 (21.43)	150m: 1:55.04 (20.69)
175m: 2:15.96 (20.92)	200m: 2:36.73 (20.77)	225m: 3:00.87 (24.14)
250m: 3:26.05 (25.18)	275m: 3:51.05 (25.00)	300m: 4:16.79 (25.74)

325m: 4:36.56 (19.77) 350m: 4:55.72 (19.16) 375m: 5:15.06 (19.34)
400m: 5:33.05 (17.99)

48  Lu Eve

13  Parnell Swi... 0.80

5:33.83
Entry: 5:49.83 (-16.00)


25m: 15.68	50m: 34.17 (18.49)	75m: 54.27 (20.10)
100m: 1:14.32 (20.05)	125m: 1:37.32 (23.00)	150m: 1:58.86 (21.54)
175m: 2:20.52 (21.66)	200m: 2:41.76 (21.24)	225m: 3:04.71 (22.95)
250m: 3:27.95 (23.24)	275m: 3:50.35 (22.40)	300m: 4:14.20 (23.85)
325m: 4:34.31 (20.11)	350m: 4:54.56 (20.25)	375m: 5:14.67 (20.11)
400m: 5:33.83 (19.16)		

49  Daly Harriett

13  Tasman Sw... 0.74

5:35.08
Entry: 5:42.72 (-7.64)

25m: 15.43	50m: 34.37 (18.94)	75m: 54.57 (20.20)
100m: 1:14.85 (20.28)	125m: 1:38.53 (23.68)	150m: 2:00.45 (21.92)
175m: 2:22.15 (21.70)	200m: 2:43.18 (21.03)	225m: 3:06.81 (23.63)
250m: 3:30.99 (24.18)	275m: 3:54.25 (23.26)	300m: 4:17.86 (23.61)
325m: 4:38.12 (20.26)	350m: 4:58.11 (19.99)	375m: 5:18.17 (20.06)
400m: 5:35.08 (16.91)		

50  Salmons Alyssa

14  Liz van Wel... 0.74

5:37.67
Entry: 5:37.16 (+0.51)


25m: 15.55	50m: 34.92 (19.37)	75m: 55.94 (21.02)
100m: 1:18.32 (22.38)	125m: 2:25.10 (1:06.78)	150m: 2:03.07
175m:	200m: 2:46.99 (2:46.99)	225m: 3:09.26 (22.27)
250m: 3:32.65 (23.39)	275m: 3:56.04 (23.39)	300m: 4:19.49 (23.45)
325m: 4:39.76 (20.27)	350m: 4:59.54 (19.78)	375m: 5:18.94 (19.40)
400m: 5:37.67 (18.73)		

51  Gladwin Chloe

SM19 16  Whakatane... 0.87 448

5:38.26
Entry: 5:32.76 (+5.50)

25m: 16.10	50m: 35.27 (19.17)	75m: 56.09 (20.82)
100m: 1:18.18 (22.09)	125m: 1:39.31 (21.13)	150m: 1:59.52 (20.21)
175m: 2:20.09 (20.57)	200m: 2:40.35 (20.26)	225m: 3:07.43 (27.08)
250m: 3:33.28 (25.85)	275m: 3:59.67 (26.39)	300m: 4:25.25 (25.58)
325m: 4:43.74 (18.49)	350m: 5:01.63 (17.89)	375m: 5:19.78 (18.15)
400m: 5:38.26 (18.48)		


52  Ferguson Ariana

16  North Cant... 0.66

5:38.59
Entry: 5:26.74 (+11.85)

25m: 14.91	50m: 33.38 (18.47)	75m: 52.98 (19.60)
100m: 1:13.72 (20.74)	125m: 1:36.18 (22.46)	150m: 1:57.79 (21.61)
175m: 2:19.25 (21.46)	200m: 2:41.03 (21.78)	225m: 3:05.01 (23.98)
250m: 3:30.22 (25.21)	275m: 3:55.53 (25.31)	300m: 4:21.82 (26.29)
325m: 4:41.57 (19.75)	350m: 5:00.96 (19.39)	375m: 5:19.97 (19.01)
400m: 5:38.59 (18.62)		

53  Artz Tineke

13  Ashburton ... 0.80

5:44.27
Entry: 5:40.10 (+4.17)

25m: 14.69	50m: 32.57 (17.88)	75m: 52.19 (19.62)
100m: 1:12.93 (20.74)	125m: 1:35.80 (22.87)	150m: 1:57.60 (21.80)
175m: 2:19.93 (22.33)	200m: 2:40.95 (21.02)	225m: 3:05.85 (24.90)
250m: 3:30.64 (24.79)	275m: 3:55.57 (24.93)	300m: 4:21.04 (25.47)
325m: 4:42.33 (21.29)	350m: 5:03.44 (21.11)	375m: 5:24.59 (21.15)
400m: 5:44.27 (19.68)		

54  Sands Addison

13  Liz van Wel... 0.78

5:45.80
Entry: 5:37.88 (+7.92)

25m: 15.24	50m: 34.77 (19.53)	75m: 54.95 (20.18)
100m: 1:16.43 (21.48)	125m: 1:38.88 (22.45)	150m: 2:00.20 (21.32)
175m: 2:21.63 (21.43)	200m: 2:42.71 (21.08)	225m: 3:07.74 (25.03)
250m: 3:33.80 (26.06)	275m: 3:59.67 (25.87)	300m: 4:25.87 (26.20)


325m: 4:45.85 (19.98) 350m: 5:05.28 (19.43) 375m: 5:25.56 (20.28)
400m: 5:45.80 (20.24)


55  Rollo Elysia

13  Pukekohe ... 0.70

6:01.15
Entry: 5:58.51 (+2.64)

25m: 16.38	50m: 37.20 (20.82)	75m: 1:00.13 (22.93)
100m: 1:24.47 (24.34)	125m: 1:47.38 (22.91)	150m: 2:09.10 (21.72)
175m: 2:31.62 (22.52)	200m: 2:54.10 (22.48)	225m: 3:20.55 (26.45)
250m: 3:46.56 (26.01)	275m: 4:13.11 (26.55)	300m: 4:40.25 (27.14)
325m: 5:00.92 (20.67)	350m: 5:21.04 (20.12)	375m: 5:41.62 (20.58)
400m: 6:01.15 (19.53)		

56  Doney Aubrey

13  Wharenui S... 0.80


6:03.71
Entry: 5:55.15 (+8.56)


25m: 16.25	50m: 36.88 (20.63)	75m: 58.24 (21.36)
100m: 1:21.13 (22.89)	125m: 1:44.83 (23.70)	150m: 2:08.11 (23.28)
175m: 2:30.57 (22.46)	200m: 2:53.57 (23.00)	225m: 3:18.88 (25.31)
250m: 3:45.38 (26.50)	275m: 4:10.82 (25.44)	300m: 4:37.01 (26.19)
325m: 5:00.27 (23.26)	350m: 5:21.85 (21.58)	375m: 5:43.65 (21.80)
400m: 6:03.71 (20.06)		

-  Tang Sarina

13  St Peter's S... 0.71

DSQ

-  Menzies Laura

15  Selwyn Swi... 0.76

DSQ

-  Scott Tessa

15  St Paul's S... 0.72

DSQ